

## Cost/Benefit Worksheet

<b>Cost of doing nothing:</b>	<b>Your Cost:</b>	<b>Example:</b>
Average Employee Salary		\$ 30,000
Divided by the # of days worked per year (avg. ft 5 days/week)		260
= Daily cost of average employee salary		\$115
+ Daily cost of replacement staff		\$115
= Cost per employee per sick day		\$230
x Average stress leave of absence 6 weeks or 30 work days (x 30)		30
= Cost of one stress leave		\$6,900
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<b>Cost of Prevention:</b>	<b>Your Cost:</b>	<b>Example:</b>
Firm Foundations products		\$350
+ Time required by company employee (based on the above info, avg. 3 days)		\$345
= Cost of Prevention		\$695
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<b>Calculate the Cost/Benefit Ratio:</b>	<b>Your Cost:</b>	<b>Example:</b>
Cost of one stress leave		\$6,900
Cost of prevention		\$695
Cost/Benefit Ratio		<b>10:1</b>